

# Member Events



#### JUN 1: Tranquil Touch Pop Up

book your spot between 9am-4pm Rocky Mountain Fertility Center- Parker, CO

Embark on a transformative journey of self-love through our nourishing mini retreat, where each pose and breath celebrates your inner strength and nurtures your mind, body, and soul.

#### JUN 6: Ribbon Cutting with Parker Chamber

4:30 - 7:00 pm

PeaceFull Living Studio- Parker, CO

This special event marks our official introduction to the community, celebrating the opening of our doors and our commitment to bringing wellness and tranquility to all.

#### JUN 14: Fresh & Local Friday

4:00 - 7:00 pm

PeaceFull Living Studio- Parker, CO

Celebrate and support our vibrant community at our lively open market pop-up. Discover an array of local businesses offering hand made, from scratch, and farm fresh products while connecting with others in a welcoming atmosphere.

# JUN 15: Self Care Saturday Mini Retreat

9:00 am - 1:00 pm

PeaceFull Living Studio- Parker, CO

Limited to four attendees, this exclusive session features yoga, meditation, and self-care techniques designed to nurture your body, mind, and spirit, helping you reduce stress and reconnect with yourself.

## JUL 19: Fresh & Local Friday

4:00 - 7:00 pm

PeaceFull Living Studio- Parker, CO

Celebrate and support our vibrant community at our lively open market pop-up. Discover an array of local businesses offering hand made, from scratch, and farm fresh products while connecting with others in a welcoming atmosphere.

## JUL 20: Self Care Saturday Mini Retreat

9:00 am - 1:00 pm

PeaceFull Living Studio- Parker, CO

Limited to four attendees, this exclusive session features yoga, meditation, and self-care techniques designed to nurture your body, mind, and spirit, helping you reduce stress and reconnect with yourself.



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#### AUG 16: Fresh & Local Friday

4:00 - 7:00 pm

PeaceFull Living Studio- Parker, CO

Celebrate and support our vibrant community at our lively open market pop-up. Discover an array of local businesses offering hand made, from scratch, and farm fresh products while connecting with others in a welcoming atmosphere.

#### **AUG 17: Self Care Saturday Mini Retreat**

9:00 am - 1:00 pm

PeaceFull Living Studio- Parker, CO

Limited to four attendees, this exclusive session features yoga, meditation, and self-care techniques designed to nurture your body, mind, and spirit, helping you reduce stress and reconnect with yourself.

### SEPT 20: Girls' Night In

4:00 - 7:00 pm

PeaceFull Living Studio- Parker, CO

Join us for Girls' Night In, a cozy and rejuvenating three-hour mini retreat designed exclusively for women. Embrace this opportunity to slow down and prioritize your well-being with a blend of yoga, meditation, and self-care practices..

## **SEPT 21: Self Care Saturday Mini Retreat**

9:00 am - 1:00 pm

PeaceFull Living Studio- Parker, CO

Limited to four attendees, this exclusive session features yoga, meditation, and self-care techniques designed to nurture your body, mind, and spirit, helping you reduce stress and reconnect with yourself.

### OCT 18: Girls' Night In

4:00 - 7:00 pm

PeaceFull Living Studio- Parker, CO

Join us for Girls' Night In, a cozy and rejuvenating three-hour mini retreat designed exclusively for women. Embrace this opportunity to slow down and prioritize your well-being with a blend of yoga, meditation, and self-care practices..



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#### **OCT 19: Self Care Saturday Mini Retreat**

9:00 am - 1:00 pm

PeaceFull Living Studio- Parker, CO

Limited to four attendees, this exclusive session features yoga, meditation, and self-care techniques designed to nurture your body, mind, and spirit, helping you reduce stress and reconnect with yourself.

#### **NOV 10: Member Gratitude Brunch**

11:00 am - 2:00 pm

PeaceFull Living Studio- Parker, CO

We look forward to seeing you at our 2nd Annual Gratitude Brunch, a delightful morning of connection and appreciation. As we embrace the beautiful tapestry of fall, we want to take a moment to express our heartfelt gratitude you. This is the perfect time to connect, to share stories, to laugh, and to create memories.

#### NOV 15: Girls' Night In

4:00 - 7:00 pm

PeaceFull Living Studio- Parker, CO

Join us for Girls' Night In, a cozy and rejuvenating three-hour mini retreat designed exclusively for women. Embrace this opportunity to slow down and prioritize your well-being with a blend of yoga, meditation, and self-care practices..

### **NOV 16: Self Care Saturday Mini Retreat**

9:00 am - 1:00 pm

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### DEC 1-30: The Gift of Yoga

On Demand & Livestream

Give the gift of yoga to friends and family. All members will receive a special access code to give friends and family 30 days of yoga. Embrace the joy of the season and practice with your loved ones near and far from the comfort of your home.